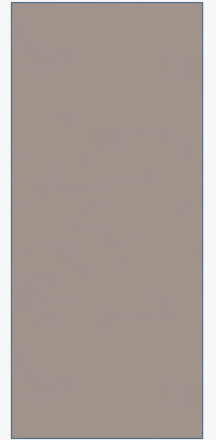


HUMANITIES 001: CREATIVE MINDS

DAY 1



WELCOME

- Welcome to Humi 001: Creative Minds
 - Javy W. Galindo
1. Is everyone in the correct class?
 2. Roll
 3. Introductions
 4. What is this course about in general?
 5. Syllabus Review & Course Expectations
 6. What is this course about specifically?

INTRODUCTIONS

- Name
- What are your goals while attending classes at De Anza?
- In what aspect of your life would you like to apply more creativity (art, music, business, relationships, writing, technology, health, etc...)?
 - And “I don’t know” is not a good answer. You should drop the class immediately. 😊

THE COURSE (IN GENERAL)

What are the “Humanities”?

- Merriam-Webster Definition:
 - *Those branches of knowledge, such as philosophy, literature, and art, that are concerned with human thought and culture; the liberal arts.*
 - Got it?
- Princeton Website:
 - *Studies intended to provide general knowledge and intellectual skills (rather than occupational or professional skills).*
 - What does this sound like to you?

“RATHER THAN OCCUPATIONAL OR PROFESSIONAL SKILLS”

Sounds like this to some...



THE COURSE (IN GENERAL)

Is that all true?

What are the humanities (revisited)?

2nd, 3rd, and 4th opinions...

THE COURSE (IN GENERAL)

What are the humanities?

They are studies of human attempts to understand our relationship to ourselves, to others, to our past, to the future, to nature, and to God.

THE COURSE (IN GENERAL)

What are the humanities?

Report on the Commission on the Humanities:

Through the humanities we reflect on the fundamental question: what does it mean to be human?

The humanities offer clues but never a complete answer.

They reveal how people have tried to make moral, spiritual, and intellectual sense of a world in which irrationality, despair, loneliness, and death are as conspicuous as birth, friendship, hope and reason.

THE COURSE (IN GENERAL)

What are the humanities?

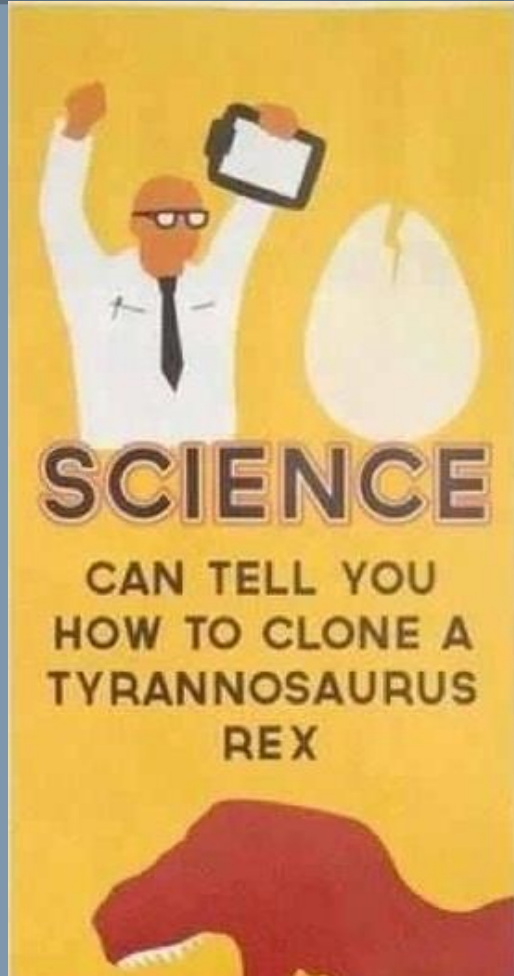
Albert Einstein:

Knowledge and skills alone cannot lead humanity to a happy and dignified life.

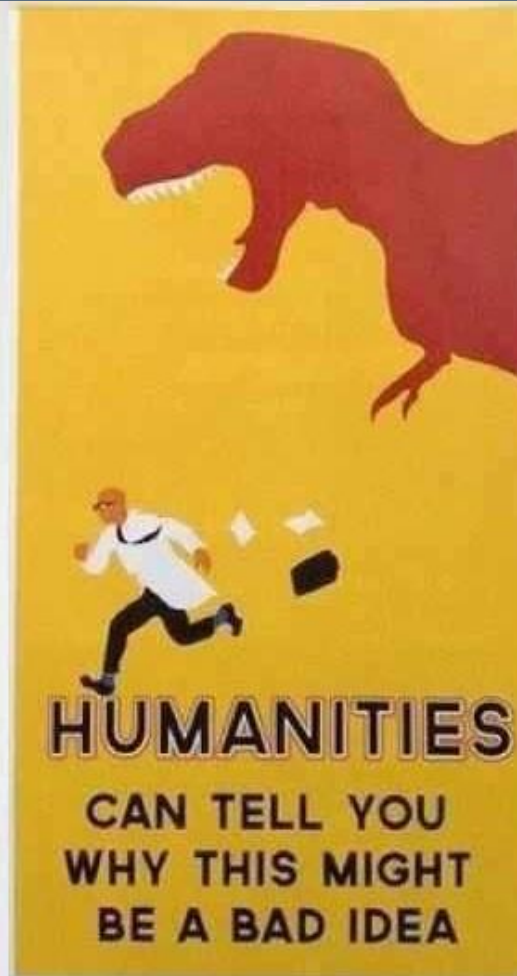
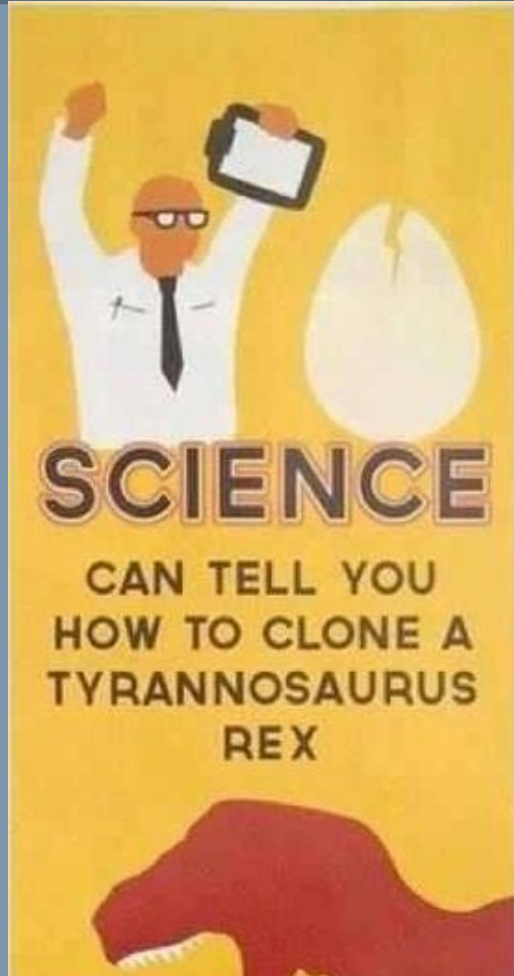
Humanity has every reason to place the proclaimers of high moral standards and values above the discoverers of objective truth.

What humanity owes to personalities like Buddha, Moses, and Jesus ranks for me higher than all the achievements of the inquiring and constructive mind.

THE COURSE (IN GENERAL)



THE COURSE (IN GENERAL)



THE HUMANITIES: WHAT ARE THEY?

That Which Make us Uniquely Human

- History
- Art
- Philosophy
- Music
- Literature
- Architecture
- Dance
- Film

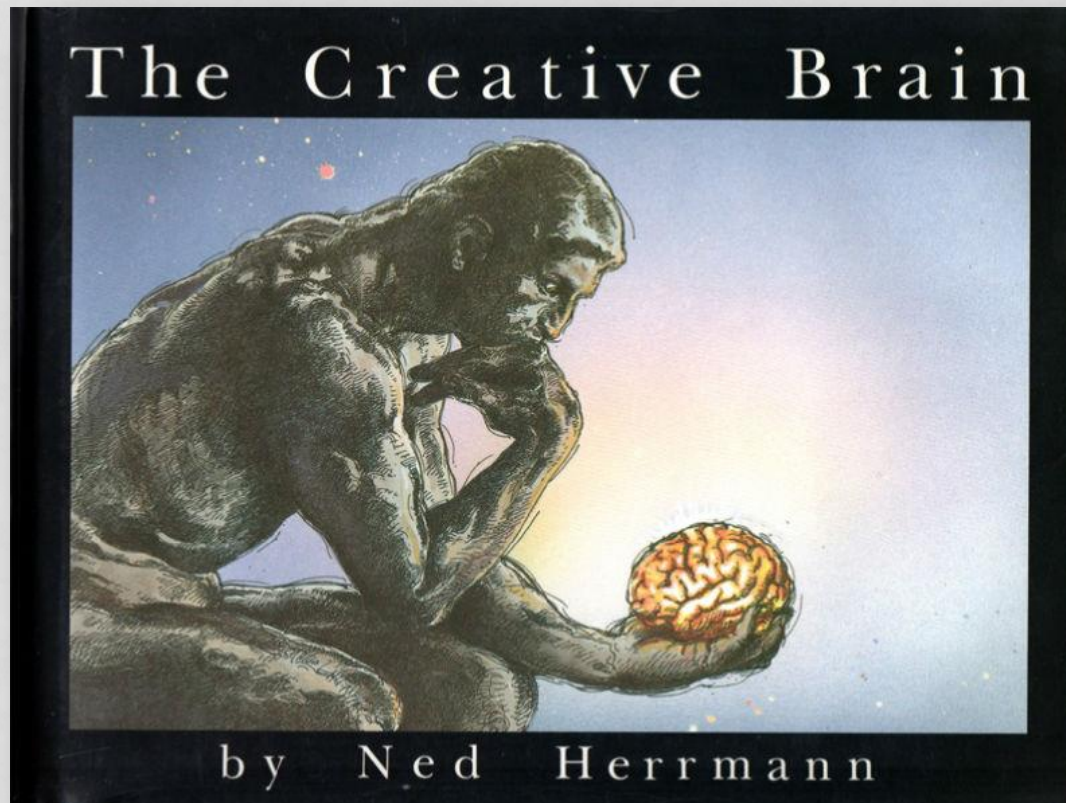
Creativity



THE COURSE (IN GENERAL)

We'll be different than most humanities courses.

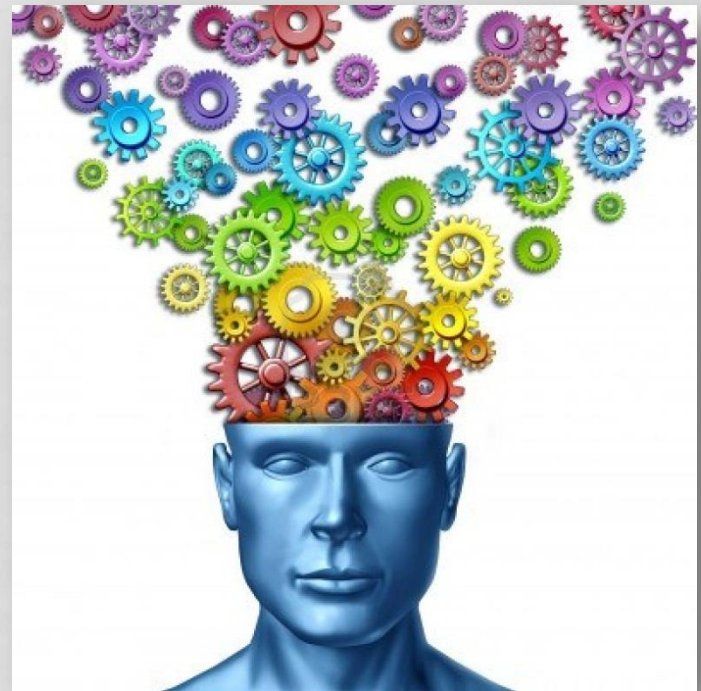
Not just look at the creative mind and appreciate it's value.



THE COURSE (IN GENERAL)

But we'll be different than most humanities courses.

Learn how to grow and use your inherent creativity to generate ideas, and make creative leaps and changes in your life.



SYLLABUS REVIEW

Timely Waiting

Everyday I swim, it's a part of living.

Sometimes I swim farther, without much misgiving.

It's not always easy, to try to attain.

Knowing that tomorrow, I'll be doing it again.

When the waters get deep, and fears run high -

I remember to myself, and attempt to apply -

That the island I swim back to, each end of day.

It's waiting for me, waiting to play.



EXAMPLE FINAL PROJECTS



EXAMPLE FINAL PROJECT



EXAMPLE FINAL PROJECT



TheBlastFun

Home Videos Playlists Channels Discussion About



Garry's
MY MO
2,365 vie
Lets blas
mod seri
your sea
Subscrib
Royalty I
http://ww
Special
Read m

YouTube

THE HORROR OF THE BASKETBALL MACHINE

0:01 / 8:12

The Horror of the Basketball Machine

EXAMPLE FINAL PROJECT

Safari File Edit View History Bookmarks Window Help

The Power of Two Ingredients

thepoweroftwoingredients.blogspot.com

Boise State University Suggested Sites Ebay HP - See What's Hot HP Games Web Slice Gallery Apple Disney Yahoo! Upgrade

Flower and Dessert Centerpiece



The finished centerpiece project!

If you're having a dinner party and you're tired of displaying desserts or any other food on a plain, boring dish, try creating a centerpiece that is not only a beautiful decoration, but serves food as well. This project is extremely simple fast to do, it takes no time at all!



Elizabeth Daron

Follow 2

[View my complete prof](#)

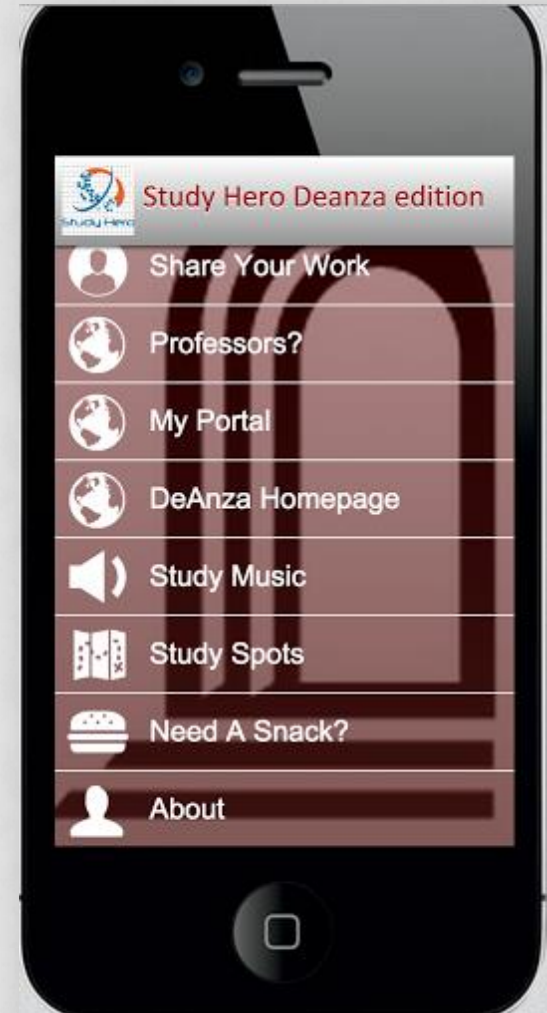
Blog Archive

▶ 2014 (2)

EXAMPLE FINAL PROJECT



EXAMPLE FINAL PROJECTS



EXAMPLE FINAL PROJECT



<https://soundcloud.com/k-nvstyz/creative-flow-kevin-quach>

The image shows a screenshot of a SoundCloud track player. At the top, there is a navigation bar with the SoundCloud logo (a rainbow bar with a white cloud and sound waves) and the word "SOUNDCLOUD" in white. To the right of the logo is the word "Explore" and a search bar containing the text "Search for artists, bands, tracks, podcasts" with a magnifying glass icon.

Below the navigation bar, the track information is displayed. On the left is a circular orange play button icon. To its right, the artist's name "KNVSTYZ" is shown in white text on a black background. Below the artist's name, the track title "Creative Flow - Kevin Quach" is displayed in white text on a black background. To the right of the track title, the text "4 days" indicates when the track was uploaded. Below the track title, there is a hashtag "#creativeminds" in white text on a dark grey rounded rectangle.

The main part of the player is a large waveform visualization. The waveform consists of vertical bars of varying heights. The left portion of the waveform is highlighted in orange, and the right portion is in white. At the bottom left of the waveform, there is a black box with the white text "0:27", indicating the current playback position. At the bottom right, there is a black box with the white text "2:05", indicating the total duration of the track.

EXAMPLE FINAL PROJECT



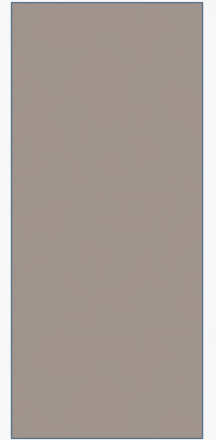
SYLLABUS REVIEW

How to do Well

- Read, reflect, and do!!
- Listen and participate in class.
- Be present and active.
- Take good notes.
- Write/ask questions.

HUMANITIES 001: CREATIVE MINDS

HR 2



HOUR 1 - REVIEW

What are the “Humanities”

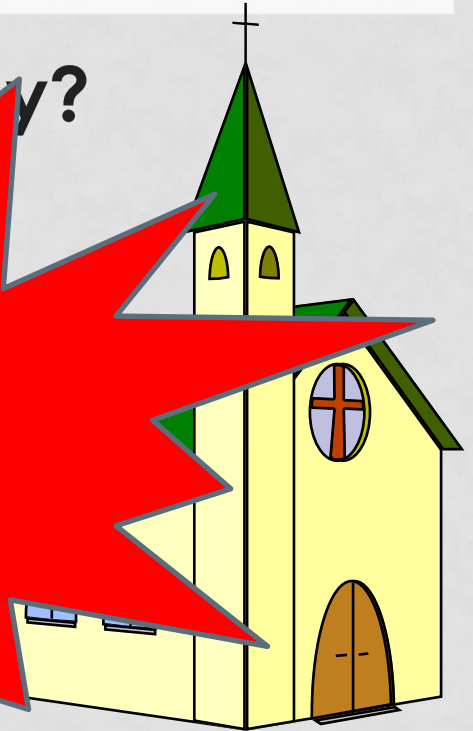
- Studies of human thought and culture; liberal arts.
- Studies of general knowledge and skills with no occupational benefit.
- Studies of our relationship with ourselves and the world at large.
- Studies of meaning and purpose.
- Studies of standards and values.

DAY 1 REVIEW

Humanities -- What are they?

- History
- Art
- Philosophy
- Music
- Literature
- Architecture
- Dance
- Film

Creativity
Minds



SYLLABUS REVIEW

How to do Well

- Read, reflect, and do!!
- Listen and participate in class.
- Be present and active.
- Take good notes.
- Write/ask questions.

THE COURSE (IN GENERAL)

Question:

What do you associate with creativity?

THE COURSE (IN GENERAL)

Question:

How many of you consider yourself to be creative?

WHAT IS CREATIVITY?

Group Activity

- Form a group of 5-7
- All groups will compete to see who can design the paper airplane (using only the materials provided) that is thrown the furthest.

Rules:

- You **MUST** use the paper given to you.
- You **DO NOT HAVE** to use the other provided items.
- These are the **ONLY** items you are allowed to use.
- You will only have 15 minutes to complete your design before we begin the competition.

WHAT IS CREATIVITY?

Discussion

- How was the process?
- What issues did you face?
- How did you overcome these issues (if you were able to)?
- Where did creativity take place?
- Where was it needed?

WHAT IS THIS COURSE ABOUT SPECIFICALLY?

We will explore creativity in terms of the following:

- Unique Ideas/insights
- Creative Process
- Improvisation
- Artistry of Life:
 - Possibilities
 - Choices



WHAT IS THIS COURSE ABOUT SPECIFICALLY?

Let's ask again:

*How many of you consider yourself to be
creative?*

Getting in touch with your inherent creativity.

WHAT IS CREATIVITY?

Discussion:

- How was the process?
- What issues did you face?
- And if you were able to, how did you overcome them?
- Where did creativity take place?
- Where was it needed?

Main Problem?

You were stuck in the “usual/ordinary”

So what does it mean to be “creativity”?

WHAT IS CREATIVITY?

Definition #1

From the Textbook:

Creativity is “the ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful new ideas, forms, methods, interpretations, etc.” (pg 12)

The Island of Pickles and Doughnuts

- What is this? What's their problem?
- What would “creativity” be to them?

WHAT IS CREATIVITY?

Paper Airplane Exercise

Main Problem?

- Limiting assumptions.
- Limiting habits in behavior.

Your were stuck in the “usual/ordinary”...

WHAT IS CREATIVITY?

Definition #2

Creativity =

Going beyond your ordinary world.

- *Making something new that is beyond ordinary beliefs, assumptions, habits, perceptions, and approaches.*

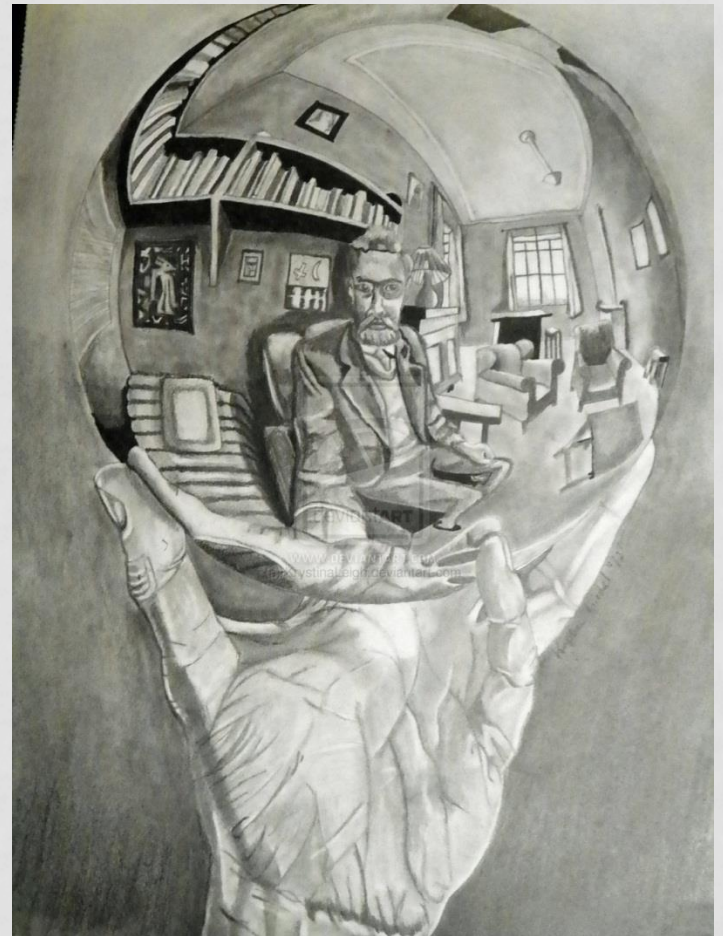
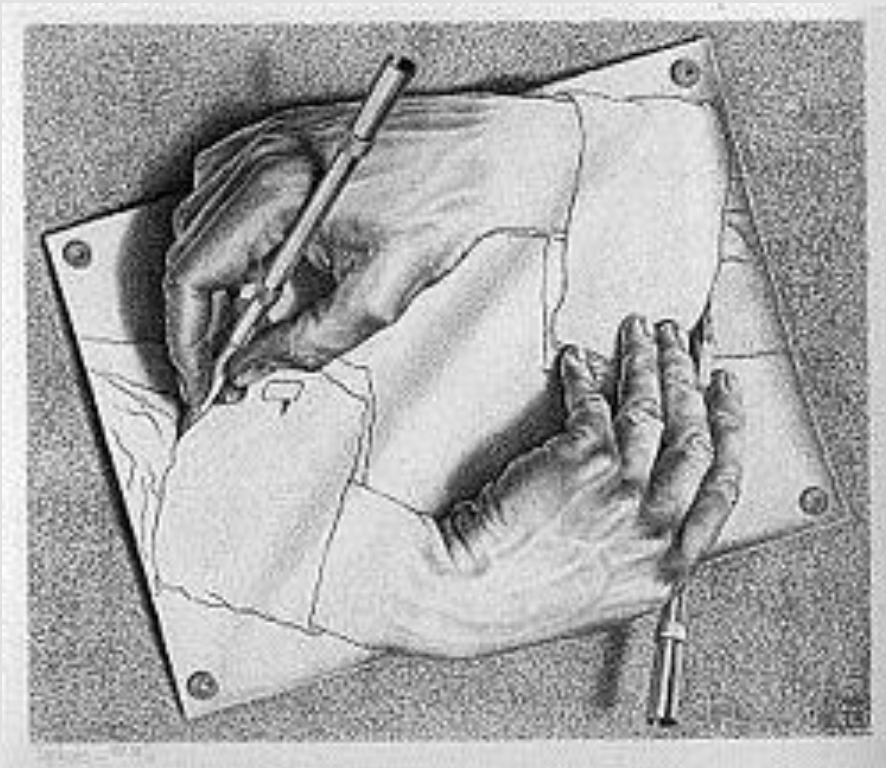
WHAT IS CREATIVITY?

What makes each of the following examples of creativity?

Name	Ordinary World <i>(What are the usual <u>assumptions</u> and <u>habits</u> they are leaving behind?)</i>	Examples of Creativity <i>(How did they transcend the ordinary world?)</i>
-		
-		
-		
-		
-		
-		

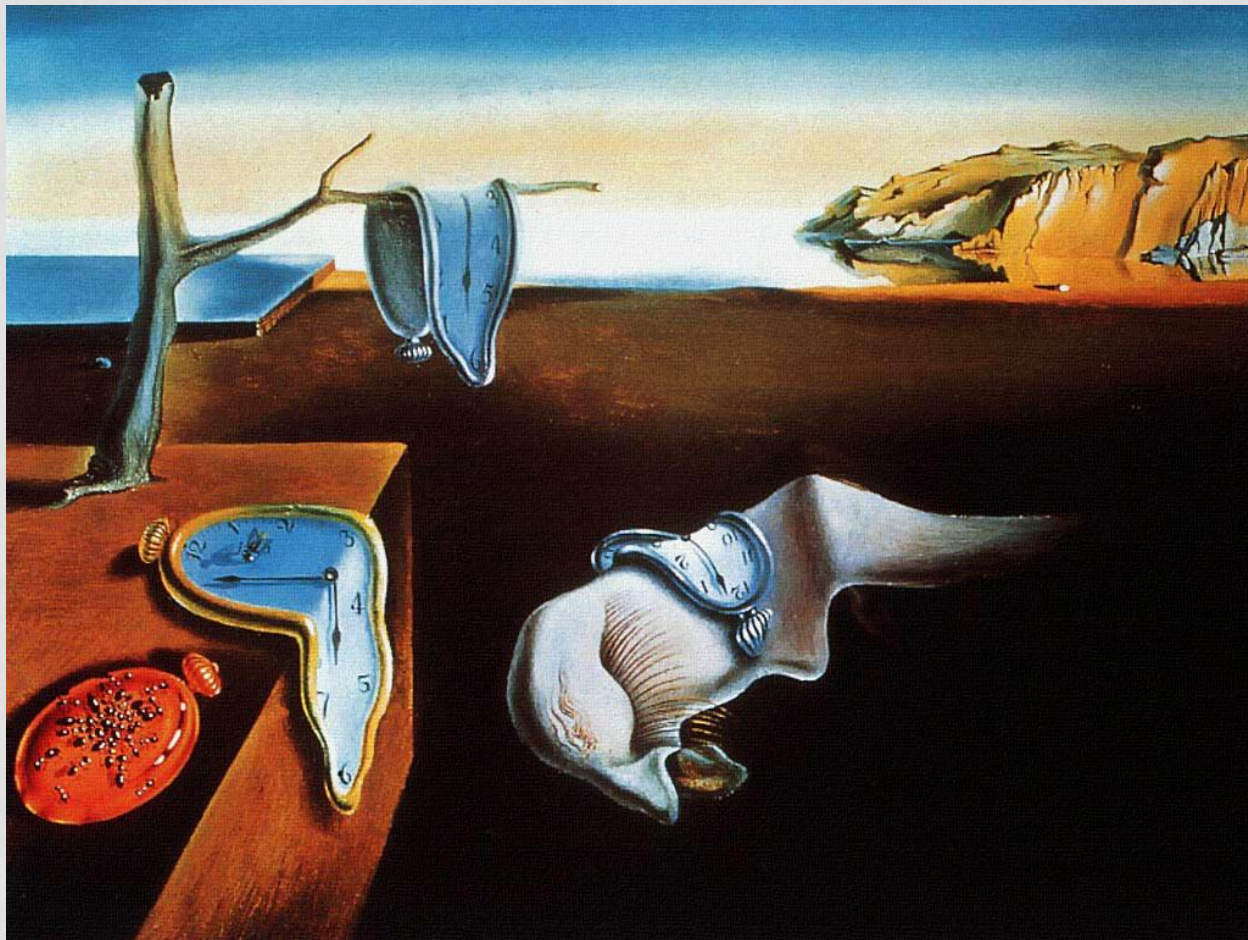
EXAMPLES OF CREATIVITY

MC Escher



EXAMPLES OF CREATIVITY

Salvador Dali



EXAMPLES OF CREATIVITY

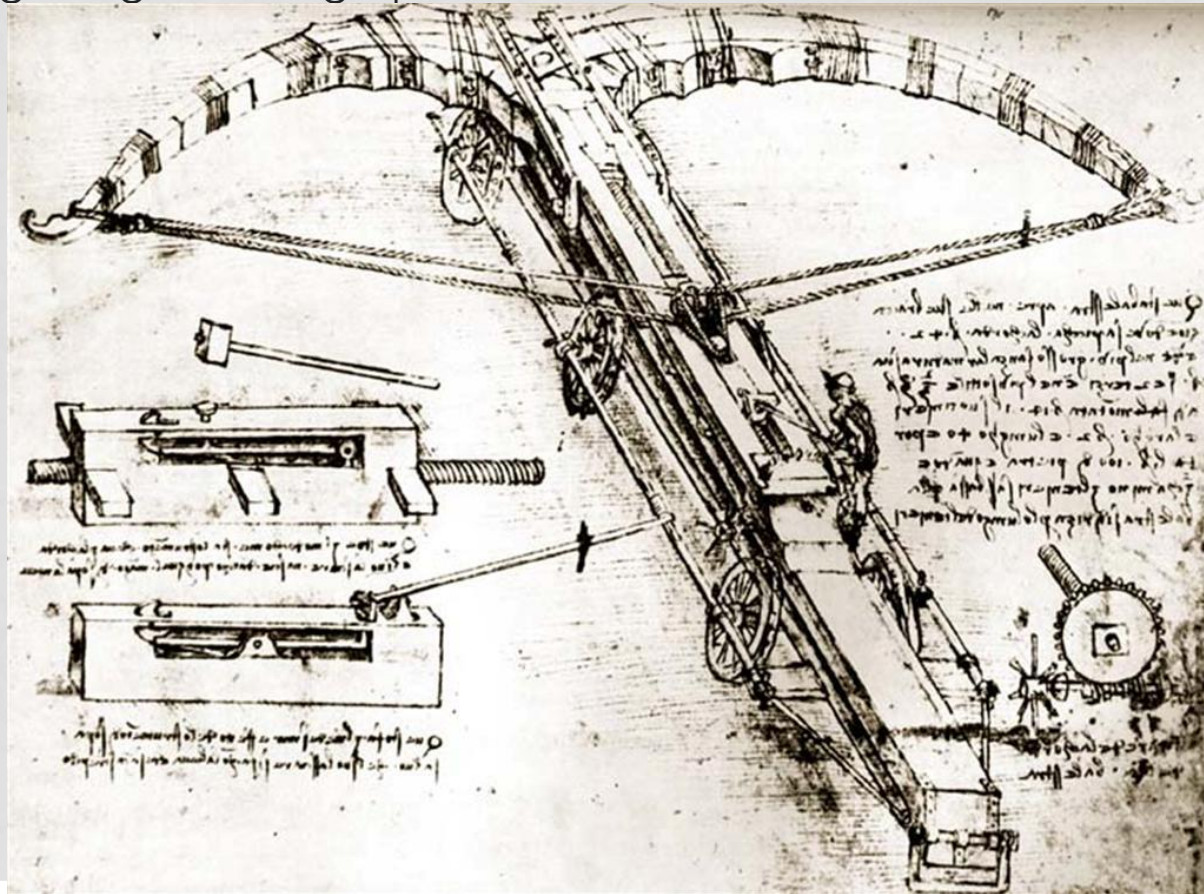
Picasso



EXAMPLES OF CREATIVITY

Leonardo da Vinci (1452-1519)

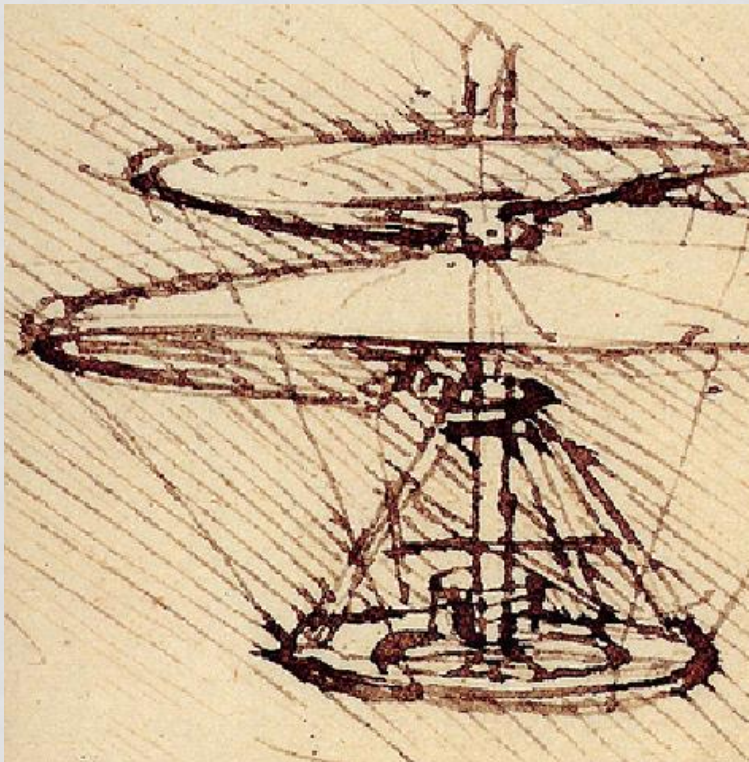
painter, sculptor, architect, musician, mathematician, engineer, inventor, anatomist, geologist, cartographer, botanist, and writer



EXAMPLES OF CREATIVITY

Leonardo da Vinci (1452-1519)

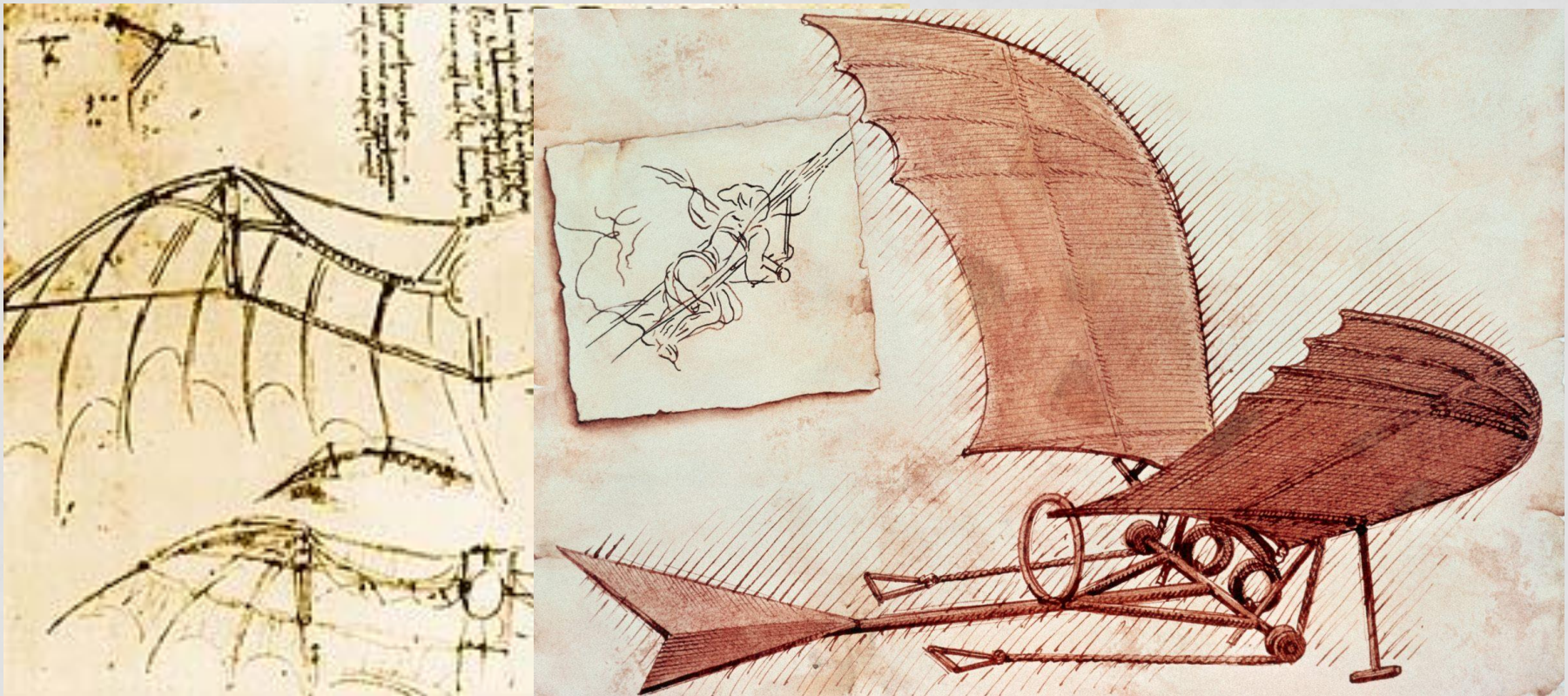
painter, sculptor, architect, musician, mathematician, engineer, inventor, anatomist, geologist, cartographer, botanist, and writer



EXAMPLES OF CREATIVITY

Leonardo da Vinci (1452-1519)

painter, sculptor, architect, musician, mathematician, engineer, inventor, anatomist, geologist, cartographer, botanist, and writer



EXAMPLES OF CREATIVITY

Ella Fitzgerald



EXAMPLES OF CREATIVITY

One Note Samba – Sung by Frank Sinatra



EXAMPLES OF CREATIVITY

One Note Samba – Sung by Ella Fitzgerald



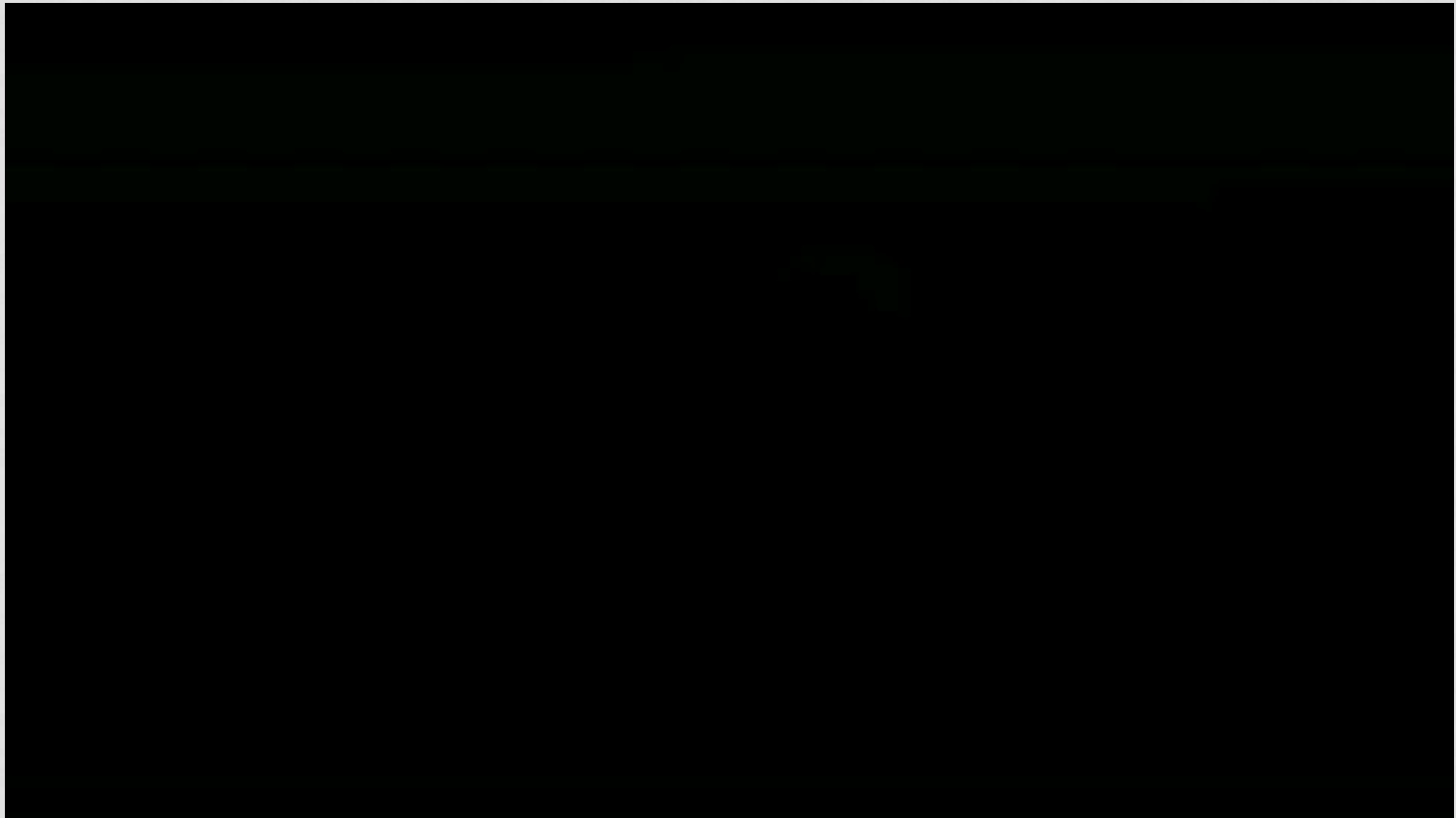
EXAMPLES OF CREATIVITY

Dance Choreography



EXAMPLES OF CREATIVITY

Athletic Performance



WHAT DO THESE “CREATIVE” PEOPLE HAVE IN COMMON?

According to Harvard psychiatry professor Albert Rothenberg:

“The one common bond between all who think differently is their willingness to do so.” (pg 24)

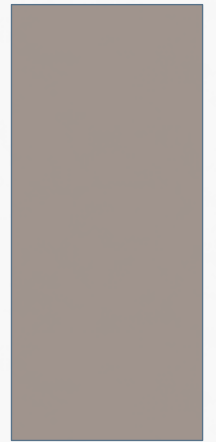
MOTIVATION

May not be all you need, but it's the one thing we all need to be creative.

Why?

HUMANITIES 001: CREATIVE MINDS

HR 4 – CREATIVE DIFFICULTIES



WHAT IS CREATIVITY?

What are they these creative people doing?

Definition #3

Going beyond their “ordinary world” =
Going beyond their conditioned stories.

WHAT IS CREATIVITY?

Groups:

Need to be in groups 6 or 7.

- Each of you will be given an image that you cannot show to anyone else.
- Describe your image to those in your group.
- The group's task is to arrange the images (without looking at more than your own) in an order that makes sense. Come up with a "story" of what is going on with your images.
- ON ONE PIECE OF PAPER: Describe your group's story. How are you making sense of the images? You will share this with the class.

THE ROOT OF “PROBLEMS” OR “BLOCKS”

Think of the issues and difficulties you had with the assignment.

How might this show you what is needed to be creative?

Identify at least 5 ways that these issues and difficulties related to creativity?

1. Need new perspective. Be willing to re-interpret what you think you know.
2. Don't assume you know.
3. Need to change what you focus on, pay attention to, what you think is important.
4. Can't rely on having a supportive environment.

THE CREATIVE PROCESS

So you're motivated. Now what?

Where does creativity come from?

How does it happen?

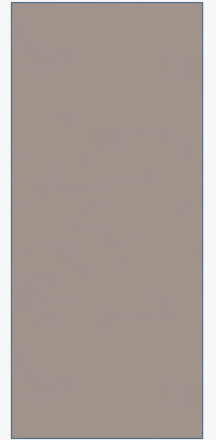
(Chapter 2)

HW

- Remember to bring Scantron for Tuesday's Quiz.
- Do journal entry assignment for this week:
 - Identify an example recently when you have demonstrated creativity.
 - Then, Identify an area or aspect of your life where you would like to apply more creativity. This could be a problem you are facing, an improvement you would like to make, a project you are or will be working on.
- Answer question based on readings.

HUMANITIES 001: CREATIVE MINDS

HR 5 (OLD)



CONSTELLATING THE CREATIVE PROCESS

The Creative Genius

Robin Williams



In his high school yearbook

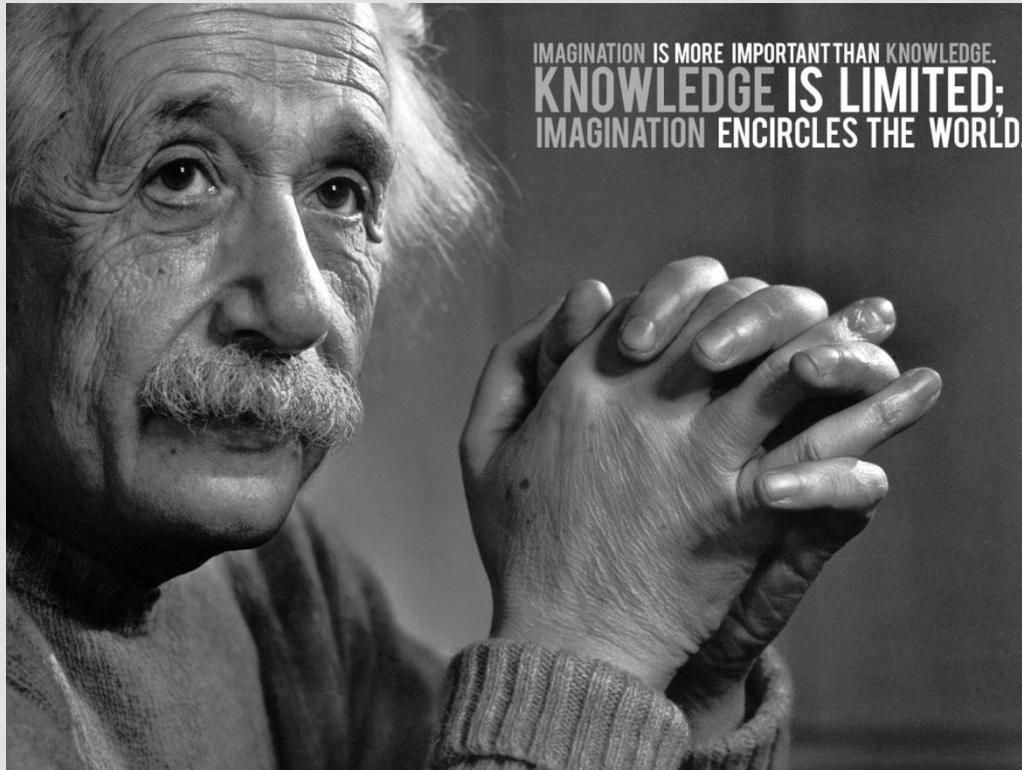
Voted:

“Least likely to succeed.”

CONSTELLATING THE CREATIVE PROCESS

The Creative Genius

Albert Einstein



Grade teacher described him as being:

“Mentally slow.”

CONSTELLATING THE CREATIVE PROCESS

Hard Work & Luck

Wolfgang Amadeus Mozart

Prolific composer, beginning at the age of 5.



Worked Hard:

Hands were often sore, crippled, as a result of his hours of practice.

Lucky:

Born to a father who was a great musician/composer.

CONSTELLATING THE CREATIVE PROCESS

Hard Work & Luck

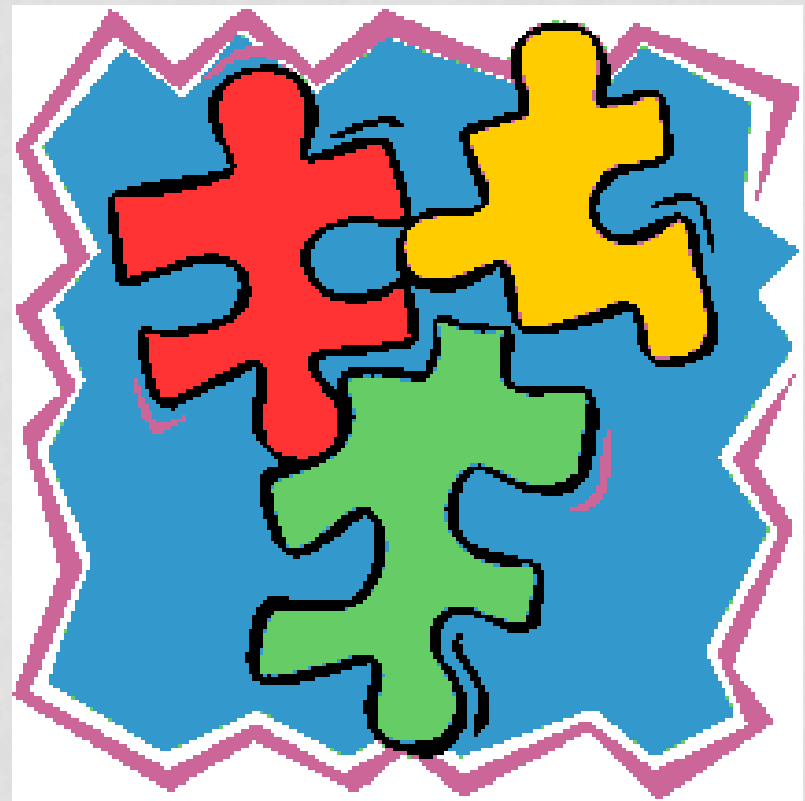
(Try to relate this idea to the airplane exercise...)

Kellogg Brothers



CONSTELLATING THE CREATIVE PROCESS

Stepping into Intersecting Streams



CONSTELLATING THE CREATIVE PROCESS

Stepping into Intersecting Streams

(Try to relate this idea to the airplane exercise...)

Page 42-43:

“...the creative process could also entail mixing a diversity of ideas and ingredients and observing what unique flavors arise. It may look like the unique combination of ideas of the Minotaur (man/bull) or the diverse array of ingredients found in a Chili Surprise.

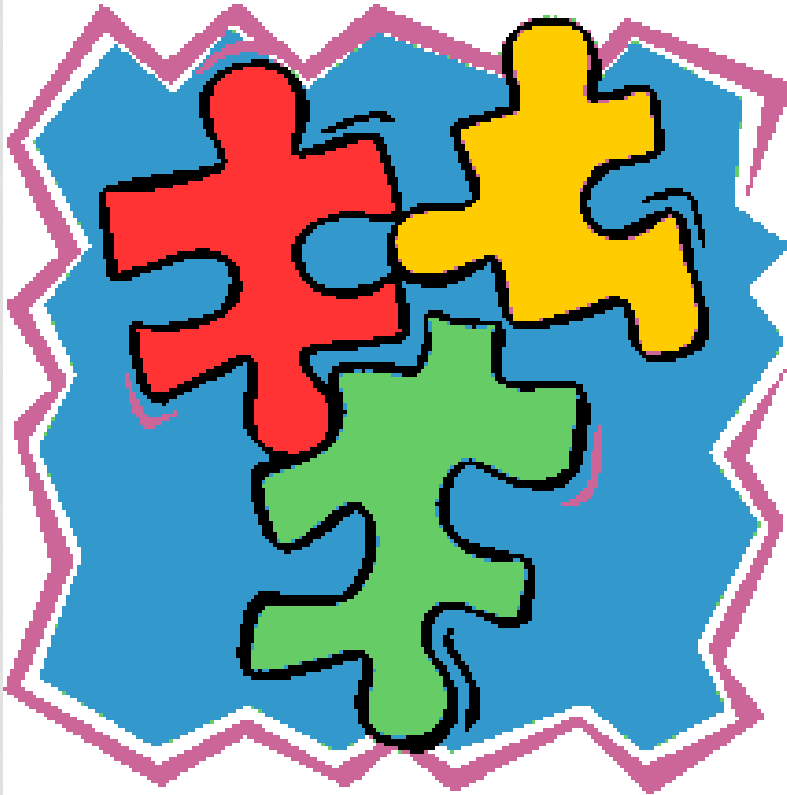
“For instance, you’ll never know what you’ll get by mixing leftover liver and pumpkin pie until you try.

“Had you been crazy enough with your concoctions, you may have even been the first to stumble upon the iced coffee, the protein shake, or the corn dog.”

CONSTELLATING THE CREATIVE PROCESS

Stepping into Intersecting Streams

(Try to relate this idea to the airplane exercise...)



How?

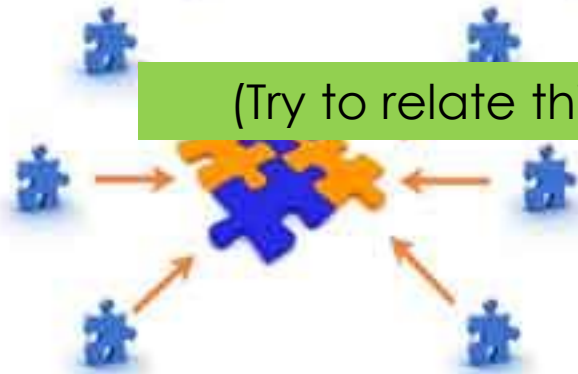
- Work in groups.
- Diversify yourself.

CONSTELLATING THE CREATIVE PROCESS

Step out of the Stream: Divergent Thinking

Stop looking for the one “right” answer
and look for many answers.

Convergent Thinking:



Many facts, one right answer

(Try to relate this idea to the airplane exercise...)



Divergent Thinking

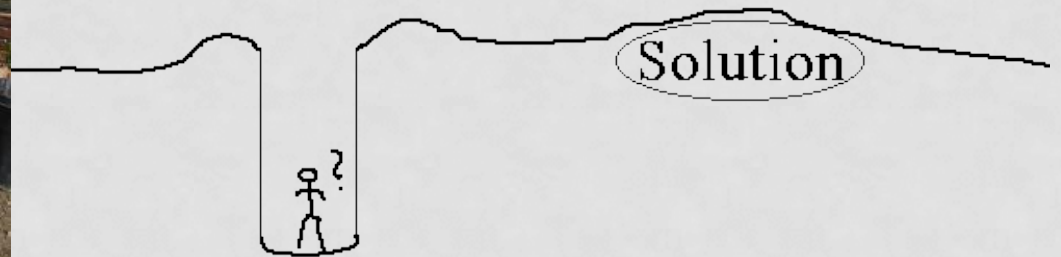


CONSTELLATING THE CREATIVE PROCESS

Step out of the Stream: Divergent Thinking

Lateral Thinking

Edward de Bono



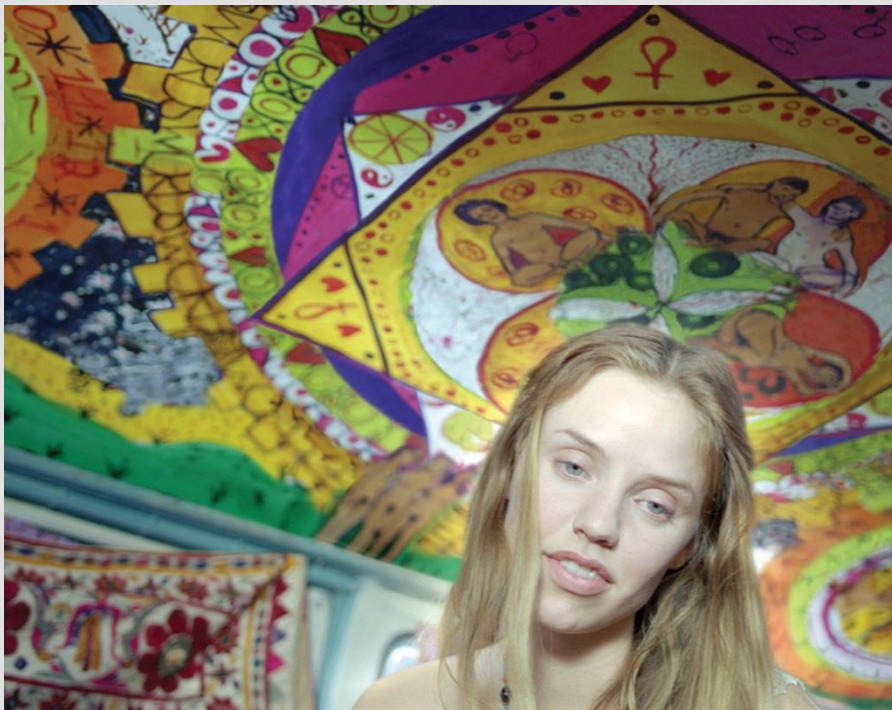
CONSTELLATING THE CREATIVE PROCESS

Unconscious Processing



CONSTELLATING THE CREATIVE PROCESS

Altered States of Mind



CONSTELLATING THE CREATIVE PROCESS

Divine Intervention

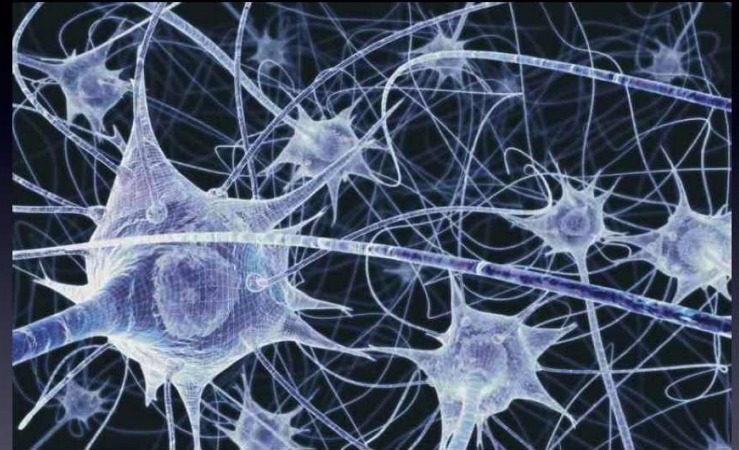


CONSTELLATING THE CREATIVE PROCESS

Unique Neural Activation Patterns

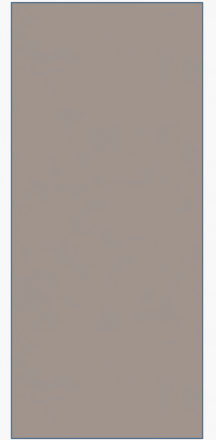


Neural Networks: Artist Rendition



HUMANITIES 001: CREATIVE MINDS

DAY 4



HW

- Remember to bring Scantron for Tuesday's Quiz.
- Do journal entry assignment for this week:
 - Identify an example recently when you have demonstrated creativity.
 - Then, Identify an area or aspect of your life where you would like to apply more creativity. This could be a problem you are facing, an improvement you would like to make, a project you are or will be working on.
- Answer question based on readings.

THE ROOT OF
“PROBLEMS” OR “CREATIVE BLOCKS”

ZOOM!

Groups:

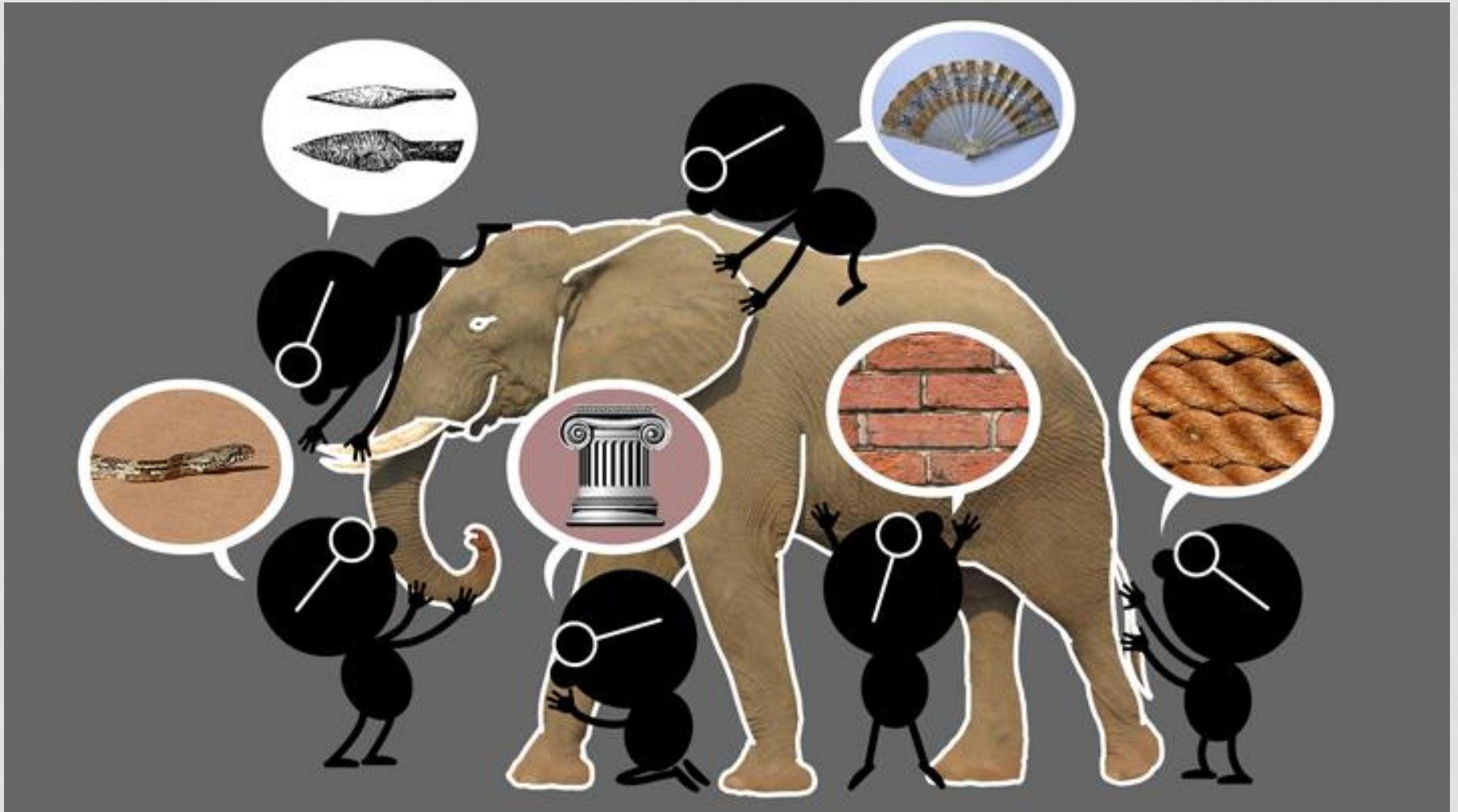
Need to be in groups 6-8

Discuss issues...

THE ROOT OF “PROBLEMS” OR “BLOCKS”

- The inability to see or imagine from a different perspective (beyond our assumptions).

THE BLIND MEN & THE ELEPHANT: NEED FOR MULTIPLE PERSPECTIVES



EXAMPLE FROM BOOK:
THE ROOT OF “PROBLEMS” OR “BLOCKS”

A man is born in 1990 and dies in 2010.

According to his death certificate, the man
died when he was 25 years old.

Is this possible?

ACCESSING MULTIPLE PERSPECTIVES: CONSTELLATING CREATIVITY

- Creative Genius
- Hardwork & Luck
- Lateral Thinking
- Mental Illness, Altered States
- Unconscious
- Divine Inspiration

BIGGEST FACTORS IN BEING CREATIVE

- Motivation
- Practice / Exercise
- Understanding The Process

THE CREATIVE PROCESS

- Carl Jung & Archetypes

PARADIGMS AND STORIES

THE COURSE (IN GENERAL)

**What are the humanities?
Becoming aware of our limiting assumptions.**

University of Chicago Professor Martha Nussbaum:

It is easy to think college classes are mainly about preparing you for a job.

But remember: this may be the only time in your life when you have a chance to think about the whole of your life, not just your job.

*Courses in the humanities, in particular, often seem impractical, but they are vital, because they **stretch your imagination** and **challenge your mind** to become more **responsive**, more **critical**, **bigger**.*

*You need resources to prevent your mind from becoming narrower and more **routinized in later life**. This is your chance to get them.*