HUMANITIES 001: CREATIVE MINDS

DAY 1

WELCOME

- Welcome to Humi 001: Creative Minds
 - Javy W. Galindo
- 1. Is everyone in the correct class?
- 2. Roll
- 3. Introductions
- 4. What is this course about in general?
- 5. Syllabus Review & Course Expectations
- 6. What is this course about specifically?

INTRODUCTIONS

- Name
- What are your goals while attending classes at De Anza?
- In what aspect of your life would you like to apply more creativity (art, music, business, relationships, writing, technology, health, etc...)?
 - And "I don't know" is not a good answer. You should drop the class immediately. ©

What are the "Humanities"?

- Merriam-Webster Definition:
 - Those branches of knowledge, such as philosophy, literature, and art, that are concerned with human thought and culture; the liberal arts.
 - Got it?
- Princeton Website:
 - Studies intended to provide general knowledge and intellectual skills (<u>rather than occupational</u> or <u>professional</u> <u>skills</u>).
 - What does this sound like to you?

"RATHER THAN OCCUPATIONAL OR PROFESSIONAL SKILLS"

Sounds like this to some...





Is that all true?

What are the humanities (revisited)?

2nd, 3rd, and 4th opinions...

What are the humanities?

They are studies of human attempts to understand our relationship to ourselves, to others, to our past, to the future, to nature, and to God.

What are the humanities?

Report on the Commission on the Humanities:

Through the humanities we reflect on the fundamental question: what does it mean to be human?

The humanities offer clues but never a complete answer.

They reveal how people have tried to make moral, spiritual, and intellectual sense of a world in which irrationality, despair, loneliness, and death are as conspicuous as birth, friendship, hope and reason.

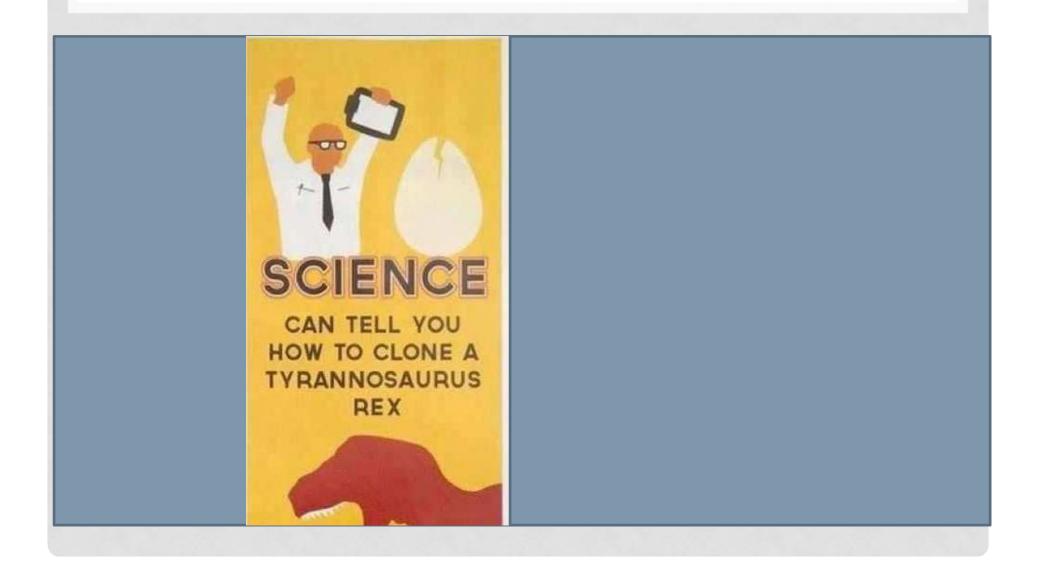
What are the humanities?

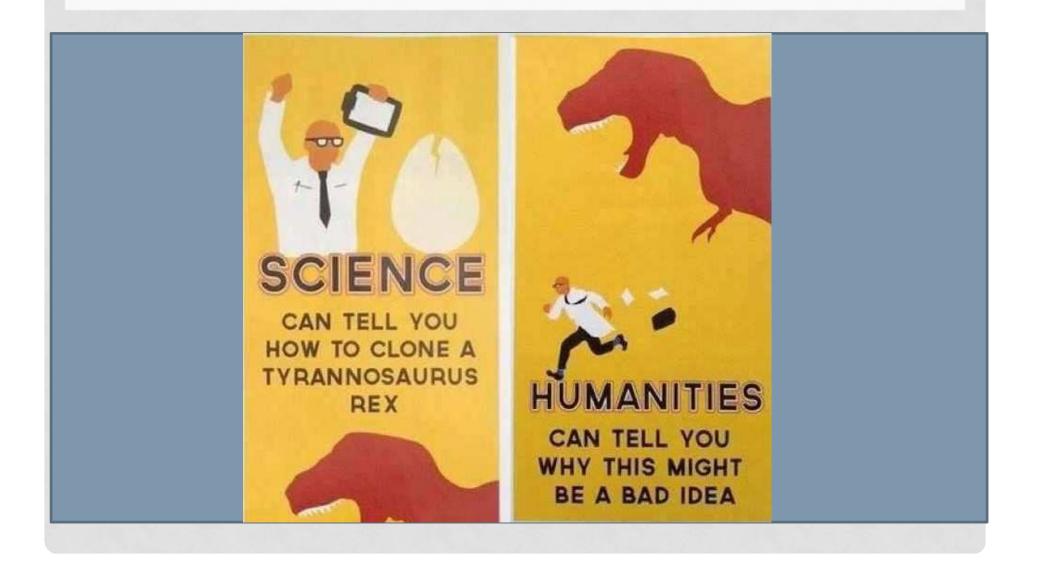
Albert Einstein:

Knowledge and skills alone cannot lead humanity to a happy and dignified life.

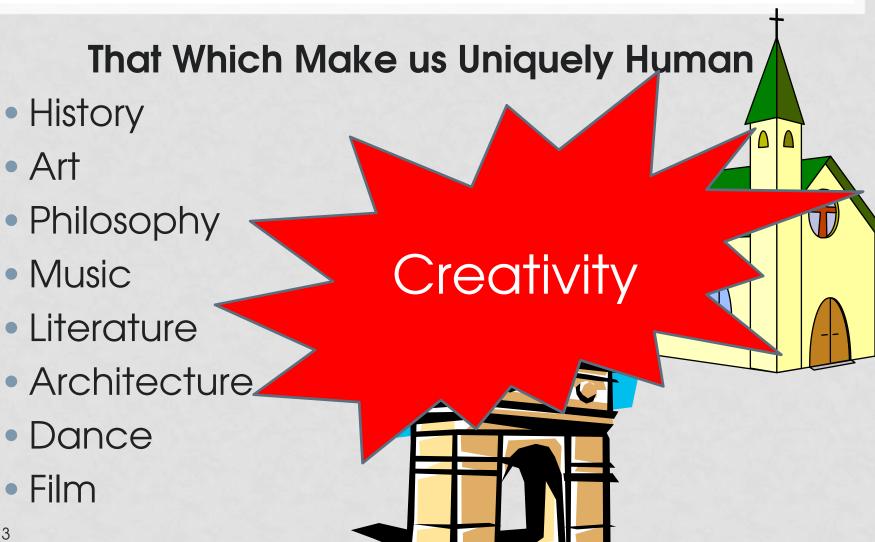
Humanity has every reason to place the proclaimers of high moral standards and values above the discoverers of objective truth.

What humanity owes to personalities like Buddha, Moses, and Jesus ranks for me higher than all the achievements of the inquiring and constructive mind.



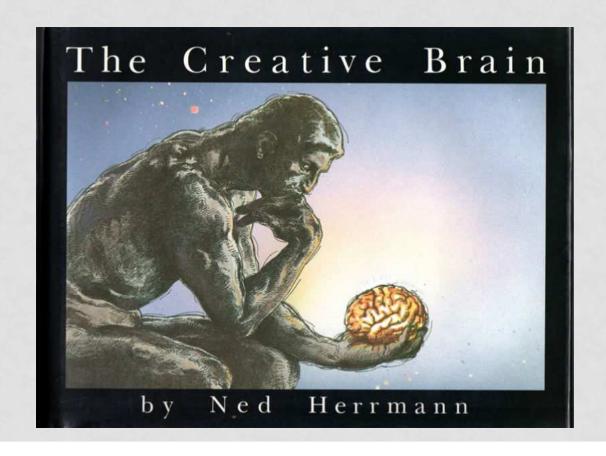


THE HUMANITIES: WHAT ARE THEY?



We'll be different than most humanities courses.

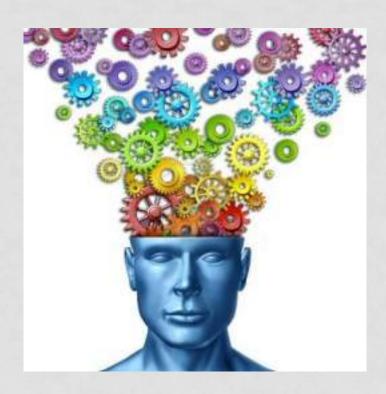
Not just look at the creative mind and appreciate it's value.



But we'll be different than most humanities courses.

Learn how to grow and use your inherent creativity to generate ideas, and make creative leaps and changes in your life.





SYLLABUS REVIEW

Timely Waiting of living. Sometimes el suim farther, without much misgiring. easy, to try to attain. Knowing that tomorrow, ell be doing it again. When the waters got deep, and of remember to myself, and attempt to apply. That the island it swim ba to, each end of day. cla mailing for me, mailing to play.

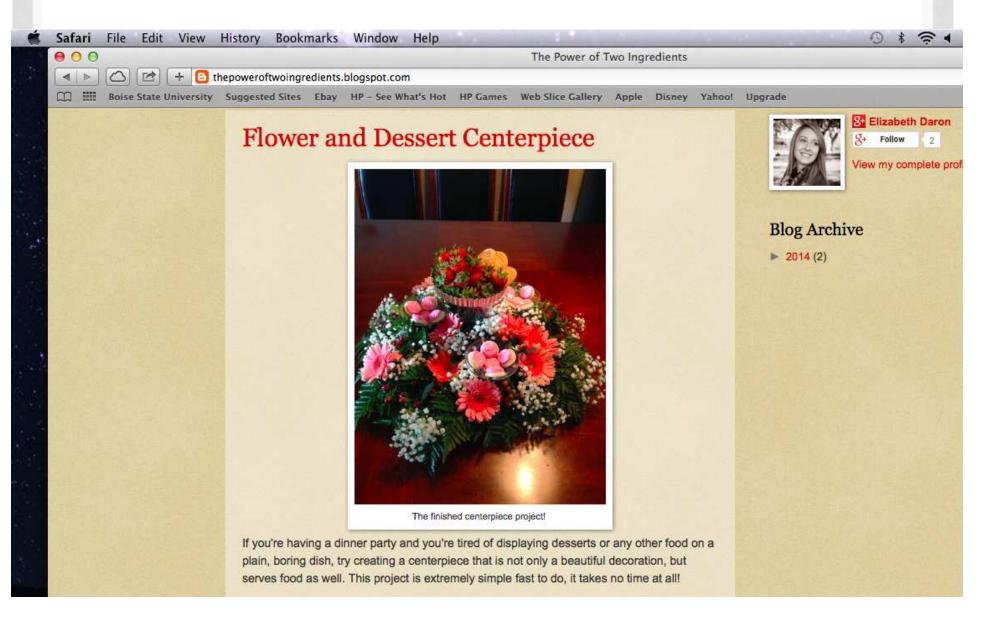




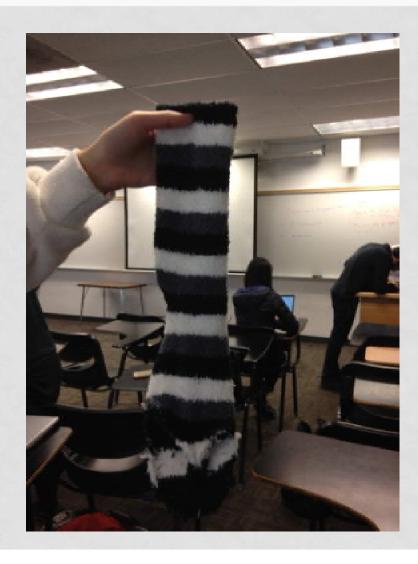


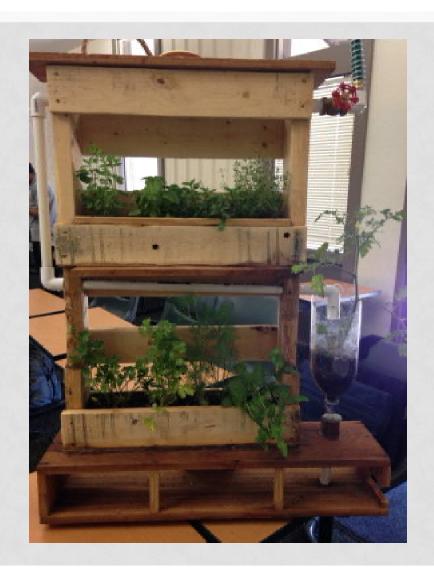




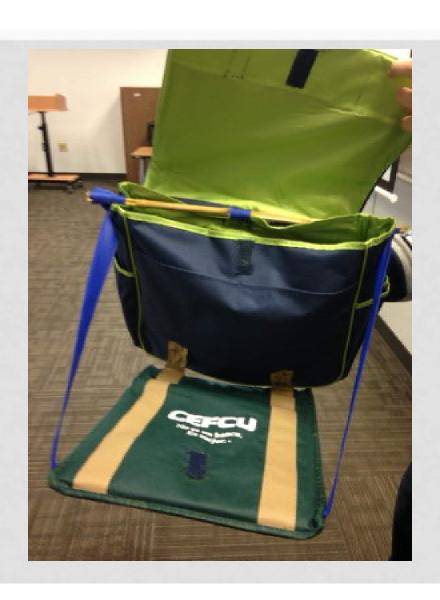




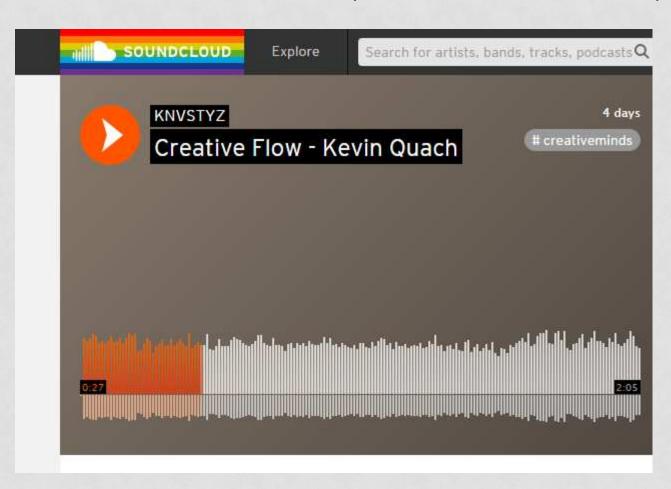








https://soundcloud.com/k-nvstyz/creative-flow-kevin-quach







SYLLABUS REVIEW

How to do well:

- Read, reflect, and do!!
- Listen and participate in class.
- Be present and active.
- Take good notes.
- Write/ask questions.

What this class is:

- A place to explore and think critically about ideas.
- A place to respect personal beliefs.

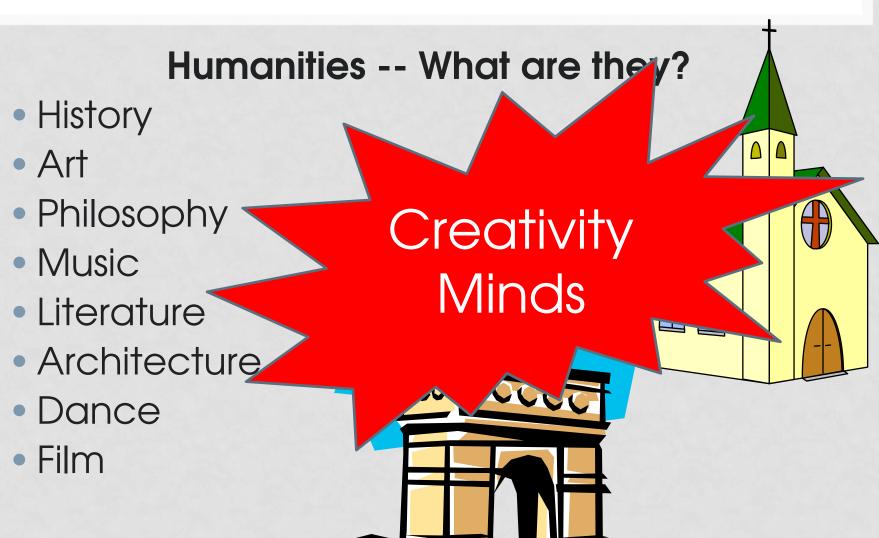
What the class is not:

- Not a class you can miss.
- Not a class where you can do other work.

HUMANITIES 001: CREATIVE MINDS

HR 2

HOUR 1 REVIEW



Question:

What do you associate with creativity?

Question:

How many of you consider yourself to be creative?

Group Activity

- Form a group of 5-7
- All groups will compete to see who can design the paper airplane (using only the materials provided) that travels the furthest.

Rules:

- You MUST use the paper given to you.
- You **DO NOT HAVE** to use the other provided items.
- These are the **ONLY** items you are allowed to use.
- You will only have 15 minutes to complete your design before we begin the competition.

- Be Outside by 3:10pm!!!!

Discussion

- How was the process?
- What issues did you face?
- How did you overcome these issues (if you were able to)?
- Where did creativity take place?
- Where was it needed?

WHAT IS THIS COURSE ABOUT SPECIFICALLY?

We will explore creativity in terms of the following:

- Unique Ideas/insights
- Creative Process
- Improvisation
- Artistry of Life:
 - Possibilities
 - Choices



WHAT IS THIS COURSE ABOUT SPECIFICALLY?

Let's ask again:

How many of you consider yourself to be creative?

Getting in touch with your inherent creativity.

Discussion:

- How was the process?
- What issues did you face?
- And if you were able to, how did you overcome them?
- Where did creativity take place?
- Where was it needed?

Main Problem?

Your were stuck in the "usual/ordinary"

So what does it mean to be "creativity"?

Definition #1

From the Textbook:

Creativity is "the ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful new ideas, forms, methods, interpretations, etc." (pg 12)

The Island of Pickles and Doughnuts

- What is this? What's their problem?
- What would "creativity" be to them?

Paper Airplane Exercise

Your were stuck in the "usual/ordinary"...

Main Problem?

- Limiting assumptions.
- Limiting habits in behavior.

Definition #2

Creativity =

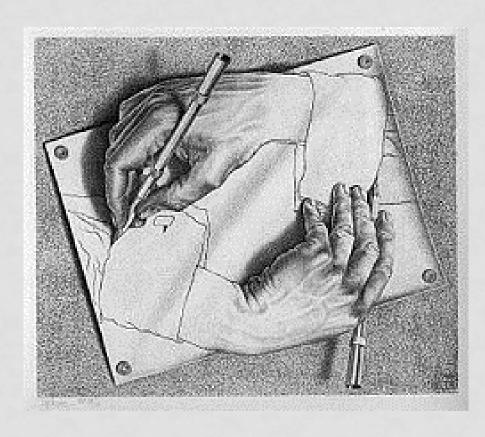
Going beyond your ordinary world.

- Making something new that is beyond ordinary beliefs, assumptions, habits, perceptions, and approaches.

What makes each of the following examples of creativity?

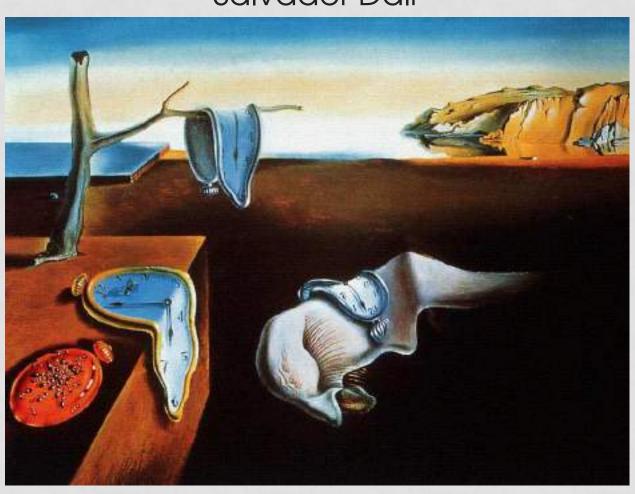
Name	Ordinary World (What are the usual assumptions and habits they are leaving behind?)	Examples of Creativity (How did they transcend the ordinary world?)
-		
-		
-		
-		
-		
-		

MC Escher

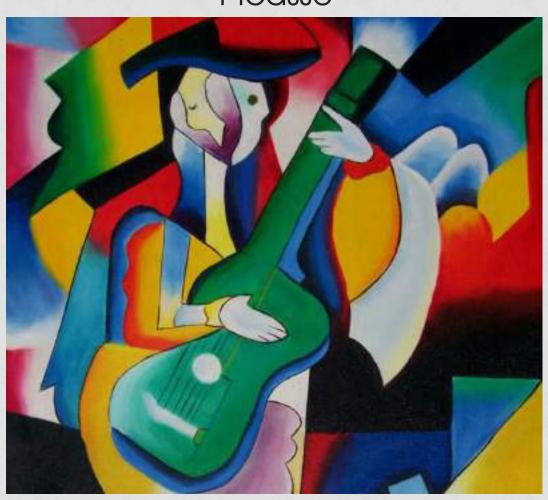




Salvador Dali

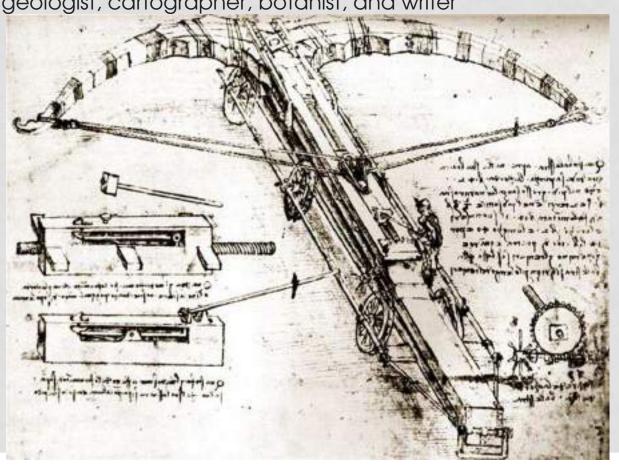


Picasso



Leonardo da Vinci (1452-1519)

painter, sculptor, architect, musician, mathematician, engineer, inventor, anatomist, geologist, cartographer, botanist, and writer



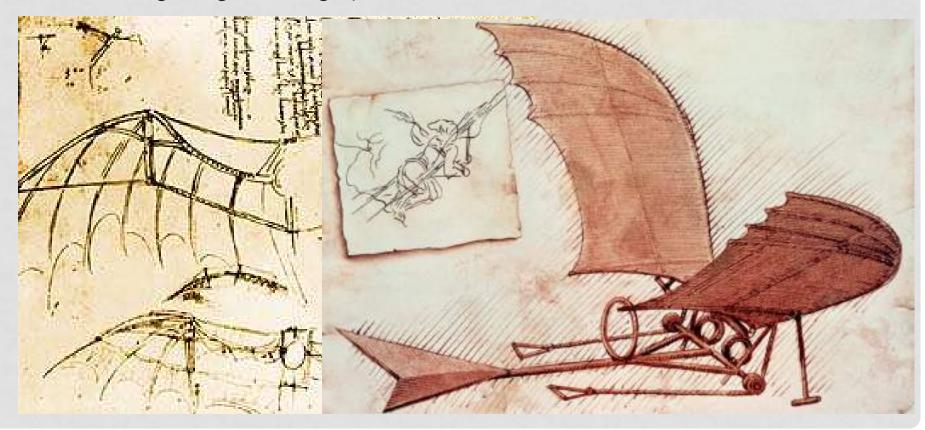
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Ella Fitzgerald



One Note Samba – Sung by Frank Sinatra



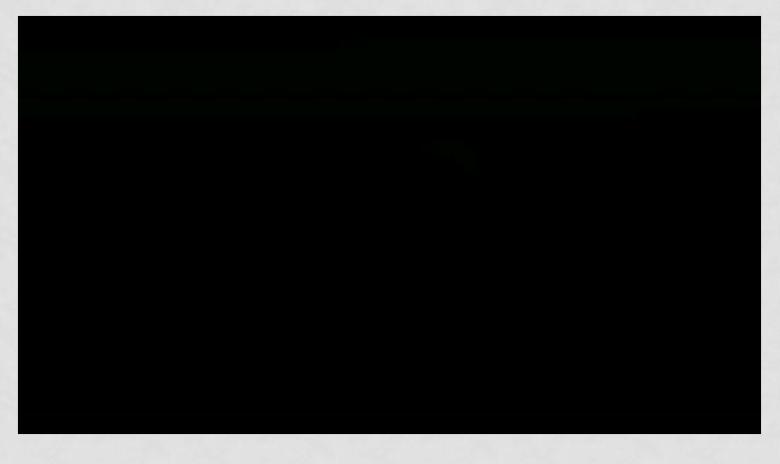
One Note Samba – Sung by Ella Fitzgerald



Dance Choreography



Athletic Performance



WHAT DO THESE "CREATIVE" PEOPLE HAVE IN COMMON?

According to Harvard psychiatry professor Albert Rothenberg:

"The one common bond between all who think differently is their <u>willingness</u> to do so." (pg 24)

MOTIVATION

May not be all you need, but it's the one thing we all need to be creative.

Why?

HUMANITIES 001: CREATIVE MINDS

HR 4 - CREATIVE DIFFICULTIES

What are they these creative people doing?

Definition #3

Going beyond their "ordinary world" = Going beyond their conditioned stories.

Groups:

Need to be in groups 6 or 7.

- Each of you will be given an image that you cannot show to anyone else.
- Describe your image to those in your group.
- The group's task is to arrange the images (without looking at more than your own) in an order that makes sense. Come up with a "story" of what is going on with your images.
- ON ONE PIECE OF PAPER: 1. Describe your group's story: How are you making sense of the images? 2. What does this have to do with creativity?

THE CREATIVE PROCESS

So you're motivated. Now what?

Where does creativity come from?
How does it happen?
(Chapter 2)