

Author Biography for Javier “Javy” Wong Galindo

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Javy Wong Galindo, M.A, M.Eng, is an author, public speaker, trail running enthusiast, semi-retired jazz vocalist, and popular college professor in Northern California. He currently teaches courses in philosophy, humanities, and psychology at John F. Kennedy University and De Anza College, located in the heart of Silicon Valley. He is a proud member of the American Association of Philosophy Teachers, the Society for Asian and Comparative Philosophy, the Western Positive Psychology Association, and the “What Shall We Call Ourselves Today” trail running group.

Professor Galindo’s career path has been an unconventional one that began as a San Diego high school music instructor, followed *naturally* by a decade-long career in the high-tech industry. He has had the privilege of working as an electrical engineer for Cisco Systems, Motorola, ViaSat, and Northrop Grumman among other successful, innovative companies. He holds both a master’s and bachelor’s degree in Electrical Engineering from UC San Diego and a master’s degree in Consciousness and Transformative Studies specializing in East/West Philosophy and Religion from John F. Kennedy University.

This author’s fascination with innovation and the unconventional led to the publication of his first book, the well-received creative thinking manual *The Power of Thinking Differently: An imaginative guide to creativity, change, and the discovery of new ideas* (Enlightened Hyena Press, 2010). Originating as his graduate thesis project, this critically acclaimed work has found success as a highly ranked book on creativity, problem solving, and personal growth, and is frequently used as a college textbook in creative thinking courses.

“This easy-to-read work presents instructions and findings from many fields to bypass the self-limiting notion that creativity only falls to geniuses and artists,” says psychology professor Craig Chalquist, PhD. “Galindo shows us how to... touch that place of wonder and curiosity so prevalent in childhood,” adds psychologist Sylvia Lafair, PhD.

Javy’s latest work is entitled *Authentic Happiness in Seven Emails: A philosopher’s simple guide to the psychology of joy, satisfaction, and a meaningful life* (Enlightened Hyena Press, 2014). His new book has been described as a “beautiful gift for anyone searching for true happiness” (therapist John McGrail, PhD), a “powerful book on the pursuit of happiness” (clinical psychologist Larry F. Waldman, PhD), and a “must read” (psychology professor LaQuisha Beckum, EdS). Through this easy-to-read text, Javy shares with readers the same insights that he shares with students of his popular Psychology of Happiness graduate course.

This proud Filipino Chinese American is the son of Reuel and Teresa Galindo, and was born in Chicago, IL after his parents emigrated from the Philippines in the mid-70s. Shortly after his birth, the family moved to Silicon Valley to pursue happiness through the American dream. While growing up in a diverse household with a Filipino father and Chinese mother, his younger sister Pia and he were exposed to an eclectic array of cultures that would greatly influence their own approach to the pursuit of happiness.

Javy’s accomplishments include co-authoring two patent filings, completing four ultra-marathons, singing with the jazz/R&B group “The Majors,” teaching the award winning El Capitan High School Marching Band, and receiving a High Drum Major award with the Velvet Knights Drum and Bugle Corps in 1996. Javy is available for interviews, talks, and workshops on various topics including creativity, innovation, creative thinking, and the *non-pursuit* of authentic happiness. He can be reached through his website: www.javygalindo.com.